

## **COSMETIC TRENDS REVEALED: BREAST IMPLANTS ARE STILL THE TOP SURGICAL PROCEDURE FOR BRITS, AND FULL ABDOMINOPLASTY IS THE FASTEST GROWING**

- **UK enquiries into full abdominoplasty surge by 264% in the last six months - despite a hefty price tag of £5,330**
- **Breast implants are still the most popular cosmetic procedure in the UK, and demand has nearly doubled (up 98%) in the past six months**
- **Liposuction and Rhinoplasty still top three popular procedures, seeing the second and third highest volume of enquiries this year**
- **Bottom of the list – butt implants drop out of the top ten most popular treatments, with demand up only 15% in the last six months – despite seeing an increase of 182% in 2014**

**9 June 2015** - New data from private healthcare search engine [WhatClinic.com](http://WhatClinic.com) reveals what's hot and what's not in its mid-year round up of cosmetic trends, showing the most popular and fastest growing plastic surgery procedures of the last six months.

The fastest emerging trend is full abdominoplasty, with enquiries sky-rocketing by 264% in just six months\*. The surgery, which involves the removal of excess skin and fat from the middle and lower abdomen, typically costs £5,330, and requires a minimum of two weeks rest afterwards, with full recovery taking between three and six months.

Tummies are clearly a top priority for Brits, with lipoabdominoplasty enquiries also up 172% across the same period. This procedure, which combines liposuction and abdominoplasty to remove the excess fat and loose skin of the abdomen, will set you back even more, costing an average of £6,321.

Arm lift (Brachioplasty) is the second fastest growing surgical cosmetic procedure, with enquiries more than trebling (239%) over the past six months. Brachioplasty, a form of body contouring, is

normally performed on patients with loose or sagging skin on the upper arms, with recovery taking up to two weeks, and will set you back on average £3,732.

When looking at the most popular cosmetic surgery procedures in terms of demand, WhatClinic.com's report shows that breast implants remain top of the list, with the highest number of enquiries across all treatments in 2014, and so far in 2015.

The second and third most popular procedures over the past six months, in terms of volume of enquiries, have been liposuction – a technique in cosmetic surgery for removing excess fat from under the skin by suction – and rhinoplasty (better known as a nose job). Both of these procedures were also in the top three most popular procedures last year. Tummy tuck surgery is the fourth most popular procedure, compared to its position at number seven in 2014. Enquiries for this procedure have more than doubled (111%) over the winter.

Fat transfer, Otoplasty (ear reshaping), Eyelid surgery, and Gynecomastia (male breast reduction) were all within the top ten most popular procedures of 2014, and have maintained their popularity, with all of these treatments topping the list of those which had seen the highest number of enquiries over the last sixth months.

In comparison, demand for butt implants has bottomed out over the past six months, with enquiries rising only 15%. That's in stark contract to 2014 - the year of Kim Kardashian-West's infamous 'belfie' photo - when it became one of the most popular procedures of 2014, with enquiry levels up a staggering 182%, and within the top ten most popular treatments in terms of volume of enquiries.

Some procedures have seen a decrease in demand from UK patients in the past six months. This is the case for Areola (nipple) reduction (-36%) and Hymenoplasty (-22%) - which is the surgical restoration of the hymen. Both procedures would cost you respectively £2,142 and £2,697 on average.

The following table shows the ten procedures that have seen the **highest number** of enquiries from UK patients over the past six months:

Procedure	Average starting price in UK	Increase in enquiries over past 6 months
Breast Implants	£3,617	98%
Liposuction	£2,050	103%
Rhinoplasty	£3,478	87%
Tummy Tuck	£4,418	111%
Fat Transfer	£2,467	87%
Labiaplasty	£2,551	85%
Eyelid surgery	£2,234	52%
Otoplasty	£2,024	75%
Gynecomastia	£3,383	48%
Breast Reduction	£4,927	100%

**Going up, going down** - the table below shows a list of popular procedures that have seen an increase or decrease in demand in the past six months:

Procedure	Average starting price in UK	Change in enquiries over past 6 months
Full Abdominoplasty	£5,330	264%
Arm Lift	£3,732	239%
Lipoabdominoplasty	£6,321	172%
Inverted Nipple Surgery	£1,400	104%
Neck Lift	£3,358	99%
Mini Abdominoplasty	£3,000**	95%
Facelift	£4,422	77%
Areola Reduction	£2,142	-36%
Hymenoplasty	£2,697	-22%

**Emily Ross, director of WhatClinic.com, comments:** Despite the fact that the range of non-surgical procedures available to UK consumers has broadened considerably, full surgical procedures for cosmetic purposes are more popular than ever. Breast augmentation is by far the most common plastic surgery treatment being sought by UK patients, though we are also seeing more men seeking treatment for male breast reduction.

“With demand so high, it is crucial that patients have access to up to date information about the credentials and qualifications of their chosen practitioner, which, even in the UK can be confusing at the best of times.

“There are thousands of reviews on our site, but there are some bits of advice that come up again and again; The first is: know the risks. If you are fully informed about things that could possibly go wrong, you can be better prepared. The second we hear, is not to rush. Take your time and don't let yourself be pressured by offers or price. I would add, make sure your practitioner is not only qualified, but well-experienced. Ideally you want a surgeon who has performed the same treatment many, many times, and is happy to answer any question you might have.”

– ENDS –

## Notes to Editors:

### Methodology:

\*Data based on the number of enquiries to UK clinics made through WhatClinic.com in the past 6 months, compared to the same period last year.

\*\* Where large numbers of prices weren't available for averages, sample prices from local clinics were given

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### About WhatClinic.com

[WhatClinic.com](http://WhatClinic.com) is a clinic comparison site that lists over 100,000 clinics globally. In 2013 15.7 million people visited the site to find, compare and book treatments across a wide range of elective, self-pay medical treatments. WhatClinic.com's mission is to give the patient, as an empowered consumer, access to all the information they need to make an informed choice, including price, availability and reviews. WhatClinic.com was founded in 2007 by tech entrepreneur Caelen King, and is in operation in over 127 countries.